

# Drakesbrook Despatch

A volunteer monthly newsletter for the residents of  
Waroona, Preston Beach, Lake Clifton, Hamel, Coolup & Yarloop.

July 2013

[www.drakesdespatch.com.au](http://www.drakesdespatch.com.au)

Issue 43

## COMING UP IN WAROONA

### Sunday, 7th July

Special Lions Farmers Market  
Morning Tea & Breaky  
Raising money for Cancer sufferers  
Memorial Hall 8 am till noon

### Friday 19th July

Ladies Cocktail Night  
Waroona Football Club  
Tickets on Sale soon

### Saturday 20th July

Really Really Free Market  
1 to 3 pm in the Memorial Hall

### Friday 26th July

AUCTION NIGHT  
Waroona Football Club  
Contact the Club for a list of items

### Sunday 8th September

Vintage Machinery Rally

### Saturday 12th October

Waroona Agricultural Show

## Next issue

## Friday August 2nd

### Deadline

### Friday 26th July

For Advertising & Copy  
9733 2183

[drakesdespatch@gmail.com](mailto:drakesdespatch@gmail.com)

74 South West Highway  
(PO Box 215, Waroona,  
6215)

Office open Fridays  
10:30 to 11:30  
Or by appointment.



## INVITATION To the Community of Waroona

## FOOTY UNDER LIGHTS “Southern Derby” V's Pinjarra

**Saturday, 6th July**  
Three games starting at 2pm  
Bar and Canteen open at 1pm

**Come along and be a part of History  
and support our LOCAL teams**

**EVERYONE WELCOME**



### Lions Farmers Market

Sunday, July 7th 8 am till Noon  
Memorial Hall Waroona

This is a special Market raising funds  
and awareness for Cancer



alcoa . . .

**proud supporters of the drakesbrook despatch**

australia's aluminium

## COMMUNITY CALENDAR

### Regular Meetings

#### 1st Waroona Girl Guides

Mondays 4pm Scout Guide Hall, Fouracre Street  
(Excluding public holidays.)

#### Agricultural Society

3rd Thursday—Alison Birch 9733 1092

#### Central Districts Axemen's Assoc.

Linda Miller 9733 2098

#### Clifton Cwilters

Fortnightly 10am Tuesdays 9739 1484

#### Community Car

Waroona Resource Centre - 9733 2545

#### Coolup CWA

2nd Monday

#### Coolup Craft Group

Wednesdays CWA Room, Coolup 9530 3258

#### Coolup LCDC (Landcare)

1st Monday of the month Kim Wilson 9733 2628

#### Dam Spinners

Fortnightly CWA Rooms, Yarloop

Joy Jackson 9733 1810

#### FRAGYLE (Preston Beach Hall)

3rd Saturday Monthly Hilary Wheeler 9733 1219

#### Lake Clifton/Herron Progress & Sporting Association

1st Tuesday—Tracey Timmins 0427 442 781

#### Lake Clifton Landcare

1st Tuesday - 7:30pm Fiona O'Connor 9739 1727

#### Nulsen Haven

2nd Wednesday - Jan Wood 9733 3701

#### Preston Beach Progress Assoc.

1st Saturday 10:00am

#### Really Really Free Markets

Every 3rd Saturday Memorial Hall

#### Senior Citizens Welfare

Last Wednesday - Jan Wood 9733 3701.

Hall Hire: Shire Office 9733 7800

#### South Mandurah Al-Anon Group

Every Monday at 10am

Uniting Church, 2 Rees Place, Wannanup

#### St John Ambulance

3rd Monday 7:30pm - Carol Racco 9733 2122

#### Tai Chi—Pisconeri Hts Park

Thursday, 10 am - Del Leahy 9733 1201

#### Wagerup Community Consultative

#### Network

For information contact Tom Busher at Alcoa on  
9733 8768

#### Waroona Arts and Crafts Centre

Bi monthly, 1st Monday 11:30am - 9733 3086

#### Waroona Historical Society

3rd Thurs 4:00pm

Debra Tyler 041 7 70 5 966

#### Waroona Lions

2nd & 4th Monday—Grant Hewett 9733 2903

#### Waroona Hamel R&SL

1st Fri, bi-monthly Brent Gibson 9733 2017

#### Waroona Pensioner's Social Club

1st Wednesday—Dot Hansen 9733 1892

#### Waroona State Emergency Service

Training every Wednesday. 9733 1477

### ST MARK'S ANGLICAN CHURCH WAROONA

Normal Services are held on the 1st, 2nd & 3rd Sunday of each month at 9:00am and on the 4th Sunday at 10:30am.

#### St Mary's Anglican Church, Coolup

Services are held only on the 5th Sunday of a month at 9:00am.

Rev Karon Austin

Pinjarra 9531 1248

### WAROONA CHRISTIAN FELLOWSHIP - AOG

Services 10am Sundays (except 3rd Sun each month then 5 pm) at the Senior Citizens Centre, Millar St.

We are a local church in our community. We have mid-week small groups, great worship, children's ministry, Bible based teaching and prayer for the sick. You are welcome to attend.

Info: Ps Stephen Griffiths 9593 6717

### WAROONA CATHOLIC CHURCH Waroona/Yarloop Mass Times:

Waroona: Sundays at 8.30am

Yarloop: Second and Fourth Saturday of the Month at 6pm.

Parish Priest:

9733 1225

### UNITING CHURCH

Thatcher Street, Waroona

#### Worship Services

#### & Sunday School

Each Sunday at 9:30am

A warm welcome is extended to all.

**Elders: Rob & Charlotte Bruce**

Phone: 9733 1018

**Minister Robbie Jetta**

0478 243 765

### WELL OF LIVING WATER

Meetings at 7 Butler Retreat Waroona

7 pm every 2nd Friday

Needed, prayer Warriors for our

Nation from 2 Chronicles 7v14

All welcome supper after.

### THE SALVATION ARMY

Family Worship With The Salvos

Services every second Sunday,

July 7th @ 21st @ 10am

Aug 4th & 18th @ 10am

Meeting at Waroona Community Resource Centre

10 Henning Street, Waroona

**EVERYONE WELCOME**

Contact: Shirley - 9733 1842

### EMERGENCY NUMBERS

☎ Police	9733 7400
☎ Fire Brigade	000
☎ Ambulance	000
☎ State Emergency Service	000
☎ Waroona Taxi	9733 1481
☎ Water Corp (faults)	13 13 75
☎ Western Power (faults)	13 13 51

### MANDURAH - WAROONA BUS

Thurs. 4th & 18th July

Thurs. 1st, 15th & 29th Aug.

at 9:00am from the Waroona

Hotel, South West Highway

Mandurah Bus Charters

9581 6555

TransWA

FOR TRAIN TIMES AND BOOKINGS

**1300 662 205**

BOOK YOUR TICKET ONLINE OR VISIT  
LOCAL AGENT AT AUNTY JACK'S VIDEO

[www.transwa.wa.gov.au](http://www.transwa.wa.gov.au)

### WAROONA ST JOHN AMBULANCE

Sub Centre Opening Times

Tues & Thurs

9:00am - 1:30pm

Phone: 9733 2122

**EMERGENCY: 000**

[www.waroonaambulance.com.au](http://www.waroonaambulance.com.au)



### SHIRE OF WAROONA

### NOTICE OF MEETINGS 2013

The Council of the Shire of Waroona will hold its Ordinary Council meetings on the following dates during 2013:

23 July,

27 August, 24 September,

22 October, 26 November,

December (To be advised)

Meetings will be held in the Council Chambers, at 52 Hesse Street, Waroona commencing at 4.00pm. Members of the public are welcome to attend.

Ian Curley CEO

Articles and advertising cannot be accepted unless provided with a name, address and phone number for contact purposes.

#### Disclaimer:

Articles in this newsletter are the sole responsibility of the contributor. We reserve the right to edit where necessary.

## Birthday Wishes for July



Andy Templeman Twells  
Bill Johnson  
Bill Rafferty  
Dot Pitman  
Edie Hewett  
Ian Culling  
Joan Scott  
Lyn Della Franca  
Mark Winter

Mia Catalano  
Narelle Catalano  
Sandy Mansell  
Vera Pitman  
Annetta La Rosa



*SPECIAL BIRTHDAY  
CONGRATULATIONS*

*to*

**Mick Jenkins**

Who turned

**90 years of age**

on 27th June



## Community Car Lucky Numbers

Lucky Number winners at the June Markets were:

Chart One	1st Betty
	2nd Jean
Chart Two	1st Garry
	2nd Iris

Thank you to Margaret from the Waroona Post Office for the kind donations of gifts to raffle. Also thanks to Rose, Ella & Mary for items to sell.

### A little bit of trivia

As far as we are aware Waroona is the only town in WA with a car that belongs to the Community, as opposed to other towns where by their car is owned by agencies, or organisations.

Thank you everyone for your support in fundraising for this much used car. Betty Derrick



**MONDAY**



**PIZZA & PINT**

**\$15**



ROOMS FROM \$45

**DRIVE THRU  
BOTTLESHOP  
TAB**

**RESTAURANT  
ACCOMMODATION**

**FRIDAY**



**SKIMPY NIGHT**

**4pm - 8pm**



**DINING ROOM**

**OPEN 7 DAYS**

**12 - 2.30PM      6 - 8.30PM**

**Menus available at:**

**[www.thewaroonahotel.com.au](http://www.thewaroonahotel.com.au)**

**SUNDAY**



**SUNDAY ROAST**

**\$12**

**Free Pool & Jukebox  
3pm - 8pm  
Sunday**

**OPENING TIMES**

**Monday - Sunday**

**11am - Late**

**Saturday**

**10am - Late**

**XMAS IN JULY - BOOK NOW**

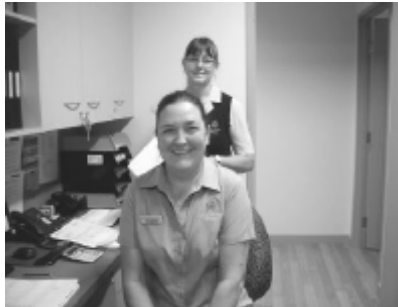


### Quambie Park News

On 21 and 22 May 2013, Pam Corker House underwent a 2 day comprehensive Audit by 2 -Aged Care Standards and Accreditation Agency Assessors. As an approved Residential Aged Care Provider, Quambie park Waroona Inc. is required to undergo a three year full assessment by external assessors from the Aged Care Standards and Accreditation Agency against 4 Principle Standards and 44 outcome statements. This comprehensive external review process ensures that all Residential Aged care Facilities within Australia comply and meet an agreed and established set of Quality of Care and Services outcomes and have made a commitment to Continuous Quality Improvement. The review process is held over two full days, with the Assessors meeting with Pam Corker House Residents, their family and staff members. The process provides a wonderful opportunity for residents, family and staff to contribute to Pam Corkers ongoing quality improvement and also to highlight the good things about living and working at Pam Corker House – Quambie Park Waroona Inc. The Decision Maker – in Canberra have approved the Pam Corker House be re-accredited for a further full three year period to August 2016. In gaining the 3 year Full

Accreditation status Quambie Park Waroona Inc. can assure and demonstrate it continued commitment and dedication to providing a high standard of service and quality of care to the Seniors and their families. On behalf on the Board of Governance and Senior Management team we would like to extend a very heartfelt thank you to all residents and family that were able to meet and provide feedback to the Assessors during their visit, and a huge thank

you to all the staff at Pam Corker House for their continued high level of commitment, dedication and service to the residents and family living at Pam Corker House. Gaining a further 3 years Accreditation is the start of another a new period of the Continuous Improvement cycle for Quambie Park Waroona Inc., with opportunities to ensure we continue to support the residents, family, staff and the community in promoting Positive Ageing and Seniors services within the Community.



*Quambie Park Waroona Inc.*  
***“Optimising Seniors Health and Wellbeing***  
***FOR SALE***

***08 9733 1355***

***Quambie Park Retirement Village Units***

***Considering downsizing? Then why not consider our  
Retirement Village Complex in Waroona***

Quambie Park Retirement Village complex has 38 Retirement Units nestled in the town of Waroona. The complex is ideally located for access to the town's shopping, recreational and business services. Current units for sale are:- two bedroom, with open plan living, kitchen and dining room and alfresco patio area for entertaining. Quambie Park Waroona inc. supports local seniors with their:

**Community Services-** In-Home programs and  
**Pam Corker House - Residential Care Services**

***Enquiries: 08 9733 1355***

***Located : Eastcott Street Waroona***

***www.quambiepark.com.au***

### The Quest

My true love left me yesterday,  
She's gone and what could I say?  
My mind is a mixed up blur,  
I'll sail the seven seas to find her.  
If I find my true love I know in my heart  
She will come back to me.  
I remember her and me in the grass  
down by the river,  
I gave her all my love in my soul I could  
give her.  
Three years later in France on my  
endless quest I met an old man.  
He told me to go where all is peace in  
the land.  
I knew that what I could not save,  
The quiet place had her neglected  
grave.  
I sat and stared at the bad bad truth,  
What had happened to my beloved  
Ruth.  
I know that she wanted me to join her,  
I got a pistol and drank my last beer.  
My hands were shaking in earthly fear,  
I shot myself in the head.  
I wanted to join Ruth in the land of the  
dead.  
My quest ended in the quiet autumn  
sun.

Alan Calhoun



### DOLPHIN WINDOW CLEANING

SERVICING THE WAROONA  
DISTRICT  
DOMESTIC AND COMMERCIAL  
SERVICE  
FREE QUOTES  
FULLY INSURED  
PENSIONER DISCOUNTS

CONTACT: TROY  
0417 175 049 9537 8180

### ST VINCENT DE PAUL, WAROONA WELFARE

Wednesday Mornings

Please Ring Retail Shop to  
make an appointment on:

**9733 3057**

(Mobile not operating)

**Retail Shop**

**Open 5 Days A WEEK**

*Natural  
Healing  
Services*



**Lyn Bailey**  
**0420 284 672**  
**Medium**  
**Reiki**  
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DOES YOUR  
CHILD LOVE ART?  
DON'T WANT THE MESS  
AT HOME?

We'll bring them to me for a truly  
unique, fun and quirky place to  
create with Recycle-Art....

### THE NIFTY NOOK

[theniftynook@hotmail.com](mailto:theniftynook@hotmail.com)

Jnr Art Clubs after school and hols.  
Exclusive Arty Parties for small  
ages

Recycled art materials for sale.

A place to create and store  
your next art project.

Please call Angie  
0413 56 4939



## **2013** **Hard Refuse** **Collection**

Will be commencing on

Tuesday 13<sup>th</sup> August 2013  
Preston Beach Townsite &  
Lake Clifton

Tuesday 20<sup>th</sup> August 2013  
Waroona & Hamel  
Townsites

**Please refer to Council's  
Hard Refuse Collection  
Policy & Guidelines for  
further information or  
contact the Shire Office  
on 9733 7800.**



## THE LONE BARN RESTAURANT

**BOOKINGS 9733 3567**

**TASTY LUNCHES FROM  
only \$13.**

**Memorable functions  
are our specialty, also  
special dietary needs  
are catered for. Beer,  
wine, spirits at sensible  
prices**

**OPEN**

**FRIDAY:**

DINNER 6PM TILL LATE

**SATURDAY:**

LUNCH 12 - 4PM

DINNER 6PM TILL LATE

**SUNDAY:**

LUNCH 12 - 4PM

Now fully air conditioned  
for your comfort

HILLAWATERS RD, OFF NANGA BROOK RD WAROONA.

[www.thelonebarn.com.au](http://www.thelonebarn.com.au)



## **Gardening Australia Comes to Waroona** **A Passion For Produce**



**Photographs taken from the Show of Gardening Australia presenter Josh Byrne enjoying a family get together at the Piconeris**



On the evening of May 5<sup>th</sup>, homes across Australia were privileged to share the garden of Gino and Lucy Piconeri of Waroona. Recently friends of Gino and Lucy from Mandurah recommended to the ABC Gardening program that their garden was a great example of a garden where the produce portrayed the ABC'S monthly program of "Garden to the Plate." Gino and Lucy have developed their home and garden over 18 years and have endeavoured to be as self-sustainable as possible, the results of which are fruit trees, vegies and chooks which are utilised as fresh vegies, preserves or great meals with the eggs. The edible section of the of the garden encompasses a large proportion of the 5 acres, and encompasses a wide variety of different trees some of which are tropical plants as mangoes and pawpaws, these sit alongside the more temperate fruit such as apples and stone fruit also we find olives, grapes, chestnuts, herbs, chillies and of cause tomatoes. All of this is maintained with love and dedication as their philosophy is that to maintain a healthy lifestyle one needs to know and grow the produce themselves. Also if you know what you are doing in the garden, you can grow so much. When contacted by the ABC the couple were reluctant to participate but on contemplation realised that it would be an honour to promote the process of learning and interest in gardening and that Seed Saving , Planting and Growing can not only be productive but can inspire others to appreciate the joys of gardens and the outdoor lifestyle. Other aspects Gino and Lucy love to impart if they have friends or visitors to the garden is the importance of Good Soil Balance, Good Seed and Good Shelter, the couple do not use insecticides and have gradually built up the soil from that of a sandy nature to what it is today, this has been achieved by adding compost, hay, sea weed extract and natural trace elements and minerals so therefore the garden is truly organic. The garden also incorporates many other plants and trees so that there complete balance between all aspects of food production and the animal and insect life. Gino has a full time job so he considers Lucy to be a 'full time home technician' where he looks after

the heavy duty jobs.

The filming took place over 2 days, 4 people from Perth including Josh Byrne produced the show. All were helpful and showed great empathy to Gino and Lucy who were very nervous and unfamiliar with the process. Lucy stated that she did not realise that 2 minutes could be so long, she found it difficult to concentrate and stay focussed on the different aspects which the crew were filming, many segments of which were not shown in the program. At the conclusion of the filming the crew stayed and participated in a meal with produce from the garden in the company of friends and family. Lucy and Gino were so proud to participate and show their garden to Australia.

**Photographs taken from the program show Lucy and Gino at work.**



### WA Horticultural Services

ALL SIZE LOADS  
QUALITY SOIL &  
MULCH SUPPLIES  
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Realistic Prices, Quality Work,  
20 Years Experience  
**Call Julie 0417 094 826 or  
9733 2292**

### BULK And MINI Soil Supplies

### NATIVE TREE AND SHRUB SEEDLING - \$1.20

**Advanced trees and Citrus**

BULK ORDERS – HALF PRICE  
**HUGE RANGE NOW AVAILABLE**  
PLANT PILLS, TREE GUARDS,  
PLANTERS

**MONDAY TO FRIDAY...9am till 4pm**  
**SATURDAY morning**  
**By Appointment**  
Phone 9530 3685  
ATTEIN ROAD, COOLUP  
[www.hamelnursery.com.au](http://www.hamelnursery.com.au)  
**HAMEL NURSERY**

# Space Age Technology

**We can show you on a big screen  
in full colour in just 3 minutes.**

**Existing and pending  
health problems, painless  
and non invasive**

**Without your health you have nothing...  
Wealth is worthless  
Happiness is unobtainable**

**Are you worth around half as much as your car  
for a service and tune up?**

**This successful equipment has been double blind  
trialled in hospitals in Moscow and France and has  
been passed by all relevant authorities.**

**Scan 4 Health  
is the first clinic  
in WA to bring  
you Space Age  
Techniques. The EIS  
Scanning System was  
used to Analyze Regulate  
and Stimulate Astronauts  
in Space.**

**This amazing equipment scans  
the entire body (every organ) and  
evaluates it in pictures in front of your  
eyes in 3 mins and recommend and apply  
treatment through Bio Feed back.**

**It also recommends diet, supplements and  
remedies for your particular health issue.**

**It is completely safe and only has 2.8v output.**

**Scan 4 health  
Holistic Clinic  
86 Fouracre St.  
Waroona 6215  
Ph: 0420 284 672**

**[www.naturalhealthperth.com](http://www.naturalhealthperth.com)**





## CORAL'S CHARITY KNITTERS

We need to give a big thank you to all the ladies who have donated wool and toy stuffing. Also those who donated bedding

items and my two daughters who have donated girls clothes for Bali. We are still collecting school items as well as toilet accessories for Bali. Still waiting on our guest speaker to see when she can come to Waroona in August. Another thank you to Nola Turner for making many bags for pencil cases, books and toilet items. We have material cottons and patterns if anyone is interested in helping with this project. They are quick and simple. I have dropped off beanies and scarves at the Royal Flying Doctors Service.

Peel Hospital has a demand for baby beanies. If you would like to help here is the pattern:

8 ply wool, 4mm needles. Cast on 72 stitches. Double rib (K2, P2) for 36 rows. On the 37<sup>th</sup> row K2 together to the end. 38<sup>th</sup> row is k., 39<sup>th</sup> row K 2 together to the end. 40<sup>th</sup> row is K, 41<sup>st</sup> row K2 together to the end. (9 stitches left) 42<sup>nd</sup> row K, 43<sup>rd</sup> row K2 together (5 stitches) Thread wool through remaining stitches, sew and secure. Continue sewing seem to finish the beanie.

Do come into the library to see what the ladies are making. We meet every second Thursday 10 am – 12 noon. The July dates are: 11<sup>th</sup> and the 25<sup>th</sup>. August dates 8<sup>th</sup> and the 22<sup>nd</sup> and September dates are: 5<sup>th</sup> and 19<sup>th</sup>.

We have had many guest speakers in our 3 and half years and donated many rugs to different charities to use or to raffle. If we have missed any charities, please let us know by dropping a note off at the library.

On 27<sup>th</sup> June we had two guest speakers from the Salvos and St. Vinnies. Nola spoke on behalf of Judy as she couldn't make it. Shirley from St Vinnies gave a very interesting talk. Many questions were asked and answered. Seven rugs were handed over to each group and these will be handed out to the needy.

Our ladies are now busy knitting and crocheting so we can hand over some more. We are also busy with beanies and scarves for RFDS and we need baby beanies for Peel Hospital. Coral Culling



## SENIOR CITIZENS.

Hello everyone. Well, here we are in the middle of the year, where has it gone? The Seniors A.G.M Meeting is on the 31st July. All Members are requested to attend and the Meeting starts at 1.30pm. We hope all our members that have been sick are on the mend, and that you will be back with us soon. To the people who are new to town, you are quite welcome to come to join us at our Seniors Meeting at 1.30 pm on the final Wednesday of each month. Afternoon tea is available and we also play Bingo on meeting days. We would love to see you there. T

Jan Wood (Secretary) 9733 3701

## NULSEN

Hi Folks, I don't know about you, but I have had enough cold weather, don't mind the rain, but it has been hard to keep warm. Attention, Members!!!! We are having our 'Birthday Lunch' on 14th August. It starts at 12 noon and we will also have the company of some of the residents from Nulsen along with their carers and staff. We are all looking forward to this event and to seeing you all there.

Jan Wood (Secretary) 9733 3701



## KUA(Karate Union of Australia)

Waroona Dojo. Josephite Centre

### NEW STUDENTS WELCOME

Monday and Thursday Evenings-

Juniors:- 5.30 to 6.30 pm,

Seniors:- 6.30 to 7.30 pm

Saturday Evening-

Seniors:- 5.00 to 6.00 pm

Are you over 35 and would like to try some of the benefits of martial arts without the physical contact?

A weekly session will be run at the Dojo from **4.00 to 5.00 pm on Saturdays** concentrating on slow movements, breathing and stretching.

Come to a session and try it out.

Enquiries: Anton Bombara 9733 1284  
Gerry Freeman 9733 2153



## Peel Podiatry Clinic

is now consulting at Pam Corker House every 2nd Tuesday from 1pm – 4.30pm.

To make an appointment,

please call Peel Podiatry Clinic on 9586 3046.

### Services Offered:

- Corns & Calluses;
- Ingrown Toenails;
- DVA Footwear Prescriptions;
- Diabetes Foot Assessment;
- DVA/Medicare Approved (Conditions Apply);
- Senior Discount;





# **AUSTRALIAS BIGGEST MORNING TEA AND BREAKY**

July Lions Farmers Market,  
Town Hall WAROONA

**Sunday 7<sup>th</sup> July,  
8am-12pm**

**Think Pink for Friends and Family**

Cake Stall, Goodies, Lots of Plants, Mulch and Wine  
Raffles, Hot Rods, Breakfast Sizzle

In Memory of Fiona Wells – a friend and Brilliant Horticulturalist for WA Horticultural Services, passed away 2 years ago age 44 years of Lung Cancer. In Respect for my friend, Julie Rowles Manager of WA Horticultural Services will be doing Australia's Biggest Morning Tea/Breaky to raise funds towards care, support, transport, accommodation and research for cancer sufferers.



[http://wa.cancercouncilfundraising.org.au/  
thinkpinkforfriendsandfamily2013](http://wa.cancercouncilfundraising.org.au/thinkpinkforfriendsandfamily2013)  
or <http://www.biggestmorningtea.com.au/>



Call Julie on 97332292 / 0417094826  
IF YOU WOULD LIKE HELP OR DONATE



# Waroona Community Resource Centre

10 Henning Street, Waroona WA 6215



Phone: 9733 3011  
Email: [wccsdo@westnet.com.au](mailto:wccsdo@westnet.com.au)  
[www.waroonacrc.net.au](http://www.waroonacrc.net.au)  
**CENTRE OPENING HOURS**  
Monday to Thursday  
9:00am to 4:00pm  
Friday 9:00am to 3:00pm

**Your local medical centre**  
**FORREST MEDICAL**  
**WAROONA SURGERY**  
**9733 1461**

**Surgery Hours**  
Mon, Tue, Wed & Fri 8.30am-5pm  
Thur 8-5  
For all after hours  
emergencies contact Peel

Peel Hearing  
services

## FOR ALL YOUR HEARING NEEDS

- Hearing tests
- Hearing aid sales
- Free hearing aids for pension card holders and Veteran\*
- Repairs to all makes and models of hearing aids
- Amplified telephones and TV headphones for sale.

Support local business - for all your hearing needs, make an appointment to see local clinician Helen Jones. Regular clinic now held at Waroona Community Resource Centre. Home visits can also be arranged\*.  
\*Conditions apply.

**PH. 9535 7185**

[Info@peelhearing.com.au](mailto:Info@peelhearing.com.au)  
[www.peelhearing.com.au](http://www.peelhearing.com.au)

Waroona Community Resource Centre are happy to announce that Mandurah Podiatry are now visiting the Centre once a month. They have been on board since November servicing the Waroona Community. To make an appointment with the Podiatrist please call their office on 95359143.



Peel Community Legal Service is providing a **FREE** legal advice service in Waroona.

**Waroona Community  
Resource Centre**  
**Call Next Visit Date**

**FREE 30 minute appointment**  
with one of our fully qualified solicitors, who can provide general legal advice on a range of matters.

Please phone or email the office for appointments.

**(08) 9581 4511 or**  
[hello@peelcls.com.au](mailto:hello@peelcls.com.au)

## OC CHIROPRACTIC

Dr Chad O'Connor will be at the Waroona Community Resource Centre each week.

For appointment days and times please phone Chad on  
**0458 940 981**

### PAT THOMAS HOUSE WOMEN'S DOMESTIC VIOLENCE SERVICES

Pat Thomas House Women's Domestic Violence Services is coming to Waroona Community Resource Centre **fortnightly on Wednesdays.**

If you are experiencing verbal, physical, mental, emotional, financial or spiritual abuse from your family or partner, call to make a confidential appointment on

**9583 5416**

## TOY LIBRARY OPEN EVERY WEDNESDAY

*Relationships Australia* | WESTERN AUSTRALIA

**Counselling for Individuals,  
Couples and Families.**

**At the Waroona Health & Community Resource Centre**

**Phone: 9583 6000**  
Fees on sliding scale, concession rates available.  
Book appointments through Mandurah Office



### Waroona Family Support Service

This Service aims to support families and Individuals to acquire knowledge, skills and confidence to effectively manage their lives within the Waroona

Cheryl Wainwright  
Family Support Officer  
Phone: 9733 2902  
Email: [wccfam@bigpond.net.au](mailto:wccfam@bigpond.net.au)  
Funded by the Department for Communities

## 1<sup>st</sup> Waroona Girl Guides

Five guides, one leader, two mothers, one grandmother and two siblings attended the "ANTS" activity day at the Manjadel Scout Training Centre in Byford. The guides participated in the confidence bush course, giant swing, crate stacking, flying fox, low ropes course, archery and tunneling. Some of the comments from the girls were: \*Giant swing - "pretty cool." \*Crate stacking - "loved it." \*Flying fox - "enjoyed the ride." (The younger guides went an older guide in the flying fox.) \*Low ropes course - "it was very wobbly and we loved the tyre swings." \*Archery - "It was interesting to learn the skills needed to shoot at the target." "It was a challenge." "Sort of fun." \*Tunneling - (going through tunnels underground, created from cement pipes) "proud of myself." "overcame my fear of small spaces and dark places." Junior Leader Chevron gave the younger girls lots of help to improve their confidence skills. Thank you to everyone who supported the girls raffle in May. Funds raised paid for the guides to participate in the above activity. Third term for Guides commences on Monday July 22<sup>nd</sup> at the Scout/ Guide Hall starting at 4 pm. Lynda Le Roy - Guide leader.

## MENS SHED MEETING

After a fantastic response regarding the proposed Mens Shed an inaugural meeting will be held at the Waroona Agricultural Society's Secretaries Office located at the Waroona Showgrounds on Friday 5<sup>th</sup> July 2013 at 7pm. Anyone with an interest in this idea is welcome to attend. For more information please do not hesitate to contact the Waroona Ag. Society at [waroona.ag@westnet.com.au](mailto:waroona.ag@westnet.com.au) or phone Eric Walmsley on 0438335358. The modern Men's Shed is an updated version of the shed in the backyard that has long been a part of Australian culture. Men's Sheds are springing up all around Australia. If you looked inside one you might see a number of men making furniture, perhaps restoring bicycles for a local school or restoring old machinery, fixing lawn mowers or making a kids cubby house for Camp Quality to raffle. You might also see a few young men working with the older men learning new skills and maybe also learning something about life from the men they work with. There are now over 720 registered Men's Sheds in Australia

## St Vincent De Paul

With the cold weather coming on we are in desperate need of good quality warm clothing both Adult and Children's; also warm blankets, doonas/quilts and other bedding. We have some clients who are living in tents at this time of the year which you can imagine is almost unbearable to think about; others are in caravans with small children and recently we had one young mother, deserted and evicted living in her car with two small toddlers, for between 4/5 days before she came to St Vinnies. We arranged accomm. at the hotel for a number of days until we helped her re-established contact with her mother in Perth, where she went temporarily until she can find her own residence. During June we helped 29 families. Each month the need increases with many finding it hard to meet rental, utilities costs and feed and shelter their families and we are fortunate that we have our state organisation to fall back on when we cannot provide the funding ourselves. Our ability to distribute furniture has been limited as we are without people who can move these articles. We can only take donations if the donor and then the receiver can transport the items themselves. If you have a few spare hours now

and then and wouldn't object to being placed on a phone list whereon you can be contacted to help in this regard then please ring Lena on 9733 1350. If you are concerned about those who are less fortunate than yourself and have been wondering what you can do to help, perhaps you would like to volunteer to work in the shop as they are very short of staff. As a volunteer you are not becoming a conference member of St Vinnies. You can work for any number of hours, whatever suits you and training is provided. The Waroona Conference is looking for new members. We meet fortnightly; our meetings begin with reflections and short prayers after which we hold a business meeting discussing different aspects of our work. We end with another short prayer and morning tea. As a conference member you are not expected to do Welfare work but by being present, offering support to members who are engaged, gives encouragement and validation to the work that we do and helps in debriefing those who are involved. You would be very welcome. If you are interested please call Anne on 9733 1189, Sarah on 9733 1920, Lena on 9733 1350 or Judy on 9733 3621. Your call would be welcome and we can answer any questions.

## Waroona Play Group News

We can't believe that we are already half way through the year! We have been so busy and still have new members joining us. Welcome to anyone who has joined recently! **Mondays Continue!** Our newest Committee member Lee Davis has been coordinating the Monday session and this has been going well. We are pleased to say that we will continue opening on this day. Our other sessions run on Tuesdays and Thursdays. All sessions run from 9.30am - 11.30am. **Raffle Results** We had a busy day selling raffle tickets on Monday 17<sup>th</sup> June at IGA. Congratulations to our winners: Lyn DeRosa won the wood, Joan Hull won the crocheted and knitted items and Julie Rowe won the \$100 note. Thank you to everyone who participated! Special thanks also to our volunteers and to Waroona Wood for their kind donation. We raised \$450!

**New Toys and Rumpus Room** Have you seen our new Rumpus Room? The kids have been having a great time climbing and jumping into the ball pool. Lots of indoor fun during the wet winter months! The back office has also been transformed into a quiet baby-friendly zone for feeding and resting. You also may have noticed a few other new items including magnetic blocks, a tractor bike and a crawl through tunnel. We have also just received a new play oven and sink which will be installed in the cubby house.

**Facility Hire** Did you know that you can hire the Waroona Playgroup building? Perhaps you have a child's birthday or a family get-together coming up. For the small fee of \$30 for members and \$50 for non-members, you can use the great facilities and toys (excluding craft). **Keep up to date with us on Facebook**



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**Waroona - \$499,000**

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**Preston Beach - \$360,000**

**HOLIDAY OR FAMILY HOME**

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lock up shed to house the boat. Wide verandahs front & back give great areas to enjoy the outside.



**Waroona - \$220,000**

**NEW BEGINNING OR WINDING DOWN**

Great 2 x 1 fibro & iron cottage on 540sqm in the centre of town.

Neat, comfortable home to start

your real estate journey or maybe you want to downsize & travel knowing you have your own nest to come home to. With a little imagination this cottage could become a real cute, cosy home.



**Waroona - \$279,000**

**VALUE ADDED**

Neat as a pin 3 x 1 home with renovated kitchen. The massive shed is ideal for the back yard mechanic or to store the

caravan, boat or cars. Fantastic 1472m2 block with views down Wass St & over the town & local farmland. Buy the block next door & build a heap of units for the future.



**Preston Beach - \$369,000**

**PRIVATE & PEACEFUL**

Lovely 3 x 2 2 storey hardiplank & iron home nestled between the ocean & the estuary in beautiful Preston Beach. This roomy home

is a comfortable haven away from all the hustle & bustle. Sit on the balcony with your morning coffee watching the many kangaroos, listening to the myriad bird calls & making the most of the ideal location.



**Waroona - \$225,000**

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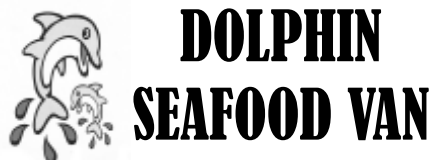


Kelly Marsh  
Property Manager  
9733 2299



Nina Scott  
Receptionist/PM Asst  
9733 2299

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**\*Thursday 10.00am to 6.00pm**

**\*Saturday 1.30pm to 6.00pm**

\*Subject to safe weather conditions.



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range and updates.

### Gumnuts Stamping & Craft

At the end of June, after four and a half years, Gumnuts Stamping and Craft has closed its doors and I would like to take this opportunity to thank everyone in the community who has come in to say hello and support me and my little business venture during the time I have been open. It has been an eye-opening experience but loads of fun, I have learnt a lot along the way and met tons of great people. I will still be around and will be selling a smaller range of items from my house (by appointment only) and I will also be available for classes and workshops (minimum of 5 participants). I will also still be making invitations and special occasion cards to order. So if you have any queries don't hesitate to give me a call, either at home (08)9733 1788 or on my mobile 0408 934 462.

Thank you, Sarah Robertson.

### Bowen Therapy and Massage Clinic

Are you suffering from  
sports injuries, neck pain,  
back pain, any muscular  
pain, or just in need of a  
good relaxing massage?

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**Or 0429 094 339**

### Visitors Centre News



A stint in hospital, one of four in six weeks for fluid on the lungs and heart, saw Mr Lloyd Peake (85) bored and resorting to flicking through old copies of Take 5 Magazine. It was there that he noticed a competition that called for readers to describe, in under fifty words, their favourite Australian town. Lloyd and his son Grant had moved to Waroona two and a half years ago from Perth where Lloyd had worked and lived for over fifty years. There were many things to love – the taste of the water, being able to see the stars at night, and the beautiful farmland and forest surrounding a town that was really still a sleepy hollow, but most of all they loved the community spirit and how country

neighbours shared and cared, and how the business people recognized them and asked after Lloyd when they knew he hadn't been well. These were things that proved the move to Waroona had been the right one. So in only thirty-nine words Lloyd expressed his appreciation of his new home and community, tucked his work into an envelope and popped it into the post. He then put his mind to getting better and promptly forgot about the competition. He was reminded four weeks later when he received a call from the Take 5 team in Sydney telling him he had won a feature story for his town. "It was an opportunity to let everyone know about the wonderful community of Waroona and what it means to me that prompted me to enter the competition", said Lloyd. "Waroona has been wonderful to us and even my Lotto luck has improved. Fifty years in Perth without a win but since coming here I've won quite a few good prizes and the girls at the Newsagency are just lovely!" Lloyd's story appeared in Issue 27 which hit the shelves late June.

Story: Waroona Visitor Centre & Gallery 9733 1506, 9:30am-3:30pm daily. Find us on Facebook.



### Historical Society News

Last week I met with Ruslan Kulski, Producer for the ABC Open project "500 words – A writing challenge". Ruslan has offered to run a free, local workshop on how to improve your writing skills, choosing the right image for your story and how to have it published on the ABC. The 500 words challenge invites you to write a short non-fiction story and get it published on the ABC. How good is that! If you have an idea for a non-fiction story – perhaps with a local historical theme - that you want to tell but don't know where to start, please register your interest with Debra Tyler at [rdtyler@bluemaxx.com.au](mailto:rdtyler@bluemaxx.com.au) or phone 0417705966. Workshops can be conducted on weekends if preferred. A query has been received regarding the surname "Strassburg" or "Strassberg" in connection with a furniture business in Waroona. Our members have not come up with any information, but perhaps someone has heard of the name. For those who are familiar with

Facebook, find and like our Facebook page – search for Waroona Historical Society. You will then have access to interesting snippets of history from time to time. Use the page to ask questions, submit your stories and pictures or find out more about the history of our district. We can all learn more from each other.

For those who do not use Facebook, but do use the internet, our website address is:

<http://waroonahistsoc.myclub.org.au>.

Best viewed using the search engine Google Chrome or FireFox, rather than Google. The website is still developing, so check back from time to time. You can submit questions and comments, download a membership form, research your ancestry and of course, learn about Drakesbrook history. We are still looking for willing participants for our oral history project. If you feel that you have a story to tell or you can tell us more about how you came to live in the district, make contact with me - Debra Tyler on 041 770 5966.

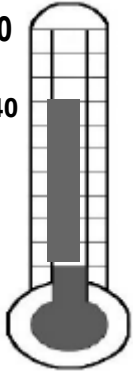


## WDHS CHAPLAINCY

### BAROMETER

\$10,000

\$7,436.40



We now have our school chaplain Debbie working an extra half day in Waroona bringing the total of days to 3 where she will be working in the school. Therefore our target has now increased to \$10,000.00. Many thanks to the Waroona Christian

Fellowship Inc for their donation of \$530.40 and the Pinjarra Uniting Church for their donation of \$2625.00. Many thanks to those people who have supported us with collecting old mobile phones and recycling them in the collection boxes which are located at the Waroona Post Office and the Waroona District High School's front office. Although we are still receiving some used mobiles we still need to collect more as 400 is the minimum number before we can process them and receive payment. Our Term Deposit has increased to \$47,914.95 after a donation from Event Assist Inc.

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Rd & Forrest Street Pinjarra**

**Monday to Thursday  
10:30am to 2:30pm**

Activities include Bingo, Pool, Billiards, Carpet Bowls, Darts, Board Games, Quiz's as well as Chair Exercises, Monthly Outings and an Annual Holiday.

**Morning Tea and a Cooked Lunch  
for only \$20.**

**For Further Information call  
9531 2076**

## POST OFFICE PATTTER

Happy July Everyone!

Where should I stand to get served at the Post Office?

This seems like an odd question we know, but because we have a reasonably vast counter, we find customers unsure as to where they should queue. To help out, we are blocking sections of the counter with stock for sale, so that customers do not queue in that area. There is space to approach the counter then next to either of the two terminals. Hope this helps.

Identification Interview Policy

All identification interviews will now only be conducted between the hours of 10 am & 4 pm.

This includes any interviews required for Passport applications, Land Title Checks & Australia Post ID Checks etc. Customers are encouraged to book 1-2 days in advance as customers with no appointment may be unable to be accommodated depending on other post office services required at the time. This is to

help with the efficiency of service at the post office and we appreciate your support with this!

Price Changes Effective July 15th

A heads up on increases to some of Australia Posts services from mid-July. Letter Mail Redirection & Mail Holding services prices are increasing. Actual amount depends on the period for which you want the service. We have a listing that breaks it all down for you. Just ask at the counter.

Travelling? Can We Help?

We now have lots of things that can support you with your travels. There are prepaid, multi currency travel cards, Travel insurance & Travel Sim cards for use in your phone overseas. You can also order in foreign currency. Talk to staff about your requirements.

Whose Side are You on?

Margaret & Jeff are keen supporters of West Australian AFL football teams. See if you can work out who they each support?

Look forward to seeing everyone...

## **Really Really Free Market is looking for Volunteers**

The Really Really Free Market is approaching its 3rd anniversary making it the most consistent and longest running market of its kind in Australia. Due to an increase in community service in other areas, the organisers are requesting assistance to ensure the continuation of this wonderful event.

It is not a huge commitment, however, will require volunteers to spare 3 to 4 hours each month which will include setting up and dismantling Memorial Hall, distributing flyers around town and notifying established media contacts via email. These duties can be shared between 2 or 3 like minded individuals who will work together as a team and will ensure that the true spirit of the Really Really Free Market continues. If you are interested in being involved, please call 0434 463 875 for more information.

The next Really Really Free Market is on Saturday 20th July from 1 to 3 pm

# Why not advertise in: **Drakesbrook Despatch Inc.**

PO Box 215, Waroona, WA 6215

Ph: 08 9733 2183 Email: drakesdespatch@gmail.com

## Schedule of Charges

### **Classified Ads**

Free to a value of \$5,000.00.

Larger sums by negotiation.

### **Business Ads**

Standard 6 x 6 cm ad \$11.00.

Larger ads are multiples of the basic square up to ½ page (\$66.00).

Ads greater than ½ page by negotiation. All ads are GST free

**A premium may be charged if the business does not provide the goods or services within the Waroona Shire.**

For further information phone: 08 9733 2183 (leave message) or email  
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\$11

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The Drakesbrook Despatch has a circulation of 1,000 and is distributed free to residents of Waroona, Preston Beach, Lake Clifton, Coolup and Yarloop.

**Due to the fact that some advertisers have NOT paid their bills, we will have to ask NEW advertisers to pay before printing.**



# Backyard Buddies

Your monthly guide to animal and plant pests, diseases and weeds

## Why won't I be able to get sugarcane mulch anymore?

Restrictions on imported sugarcane mulch came into force this month in Western Australia, meaning that it will no longer be available for gardeners and growers here unless imported under a permit.

Sugarcane mulch has been imported from Queensland for more than two years, but concerns emerged when members of the public reported unusual weeds emerging from the mulch.

The most serious of these identified by the department was *Mimosa pudica*, a prohibited pest plant in Western Australia. *Mimosa pudica*, often known as common sensitive plant, has sharp prickles that can inhibit grazing. Its thorns can also cause painful wounds. It poses significant potential to become a serious weed in the north of Western Australia.

The department's director of invasive species Viv Read said he appreciated that the use of sugarcane mulch was popular because of its benefits with soil insulation and moisture retention for healthy gardens.

"The department gave careful consideration to dealing with the sugar cane mulch problem, and it was found that import requirements for sugarcane mulch had to be strengthened due to the biosecurity risks posed by this pathway," Mr Read said.

It became clear that contaminants could not be successfully screened under currently available protocols, and the biosecurity risk for Western Australia was much too great to allow continued imports of sugarcane mulch.

Similar products such as hay and straw have been restricted imports for many years.

They are all complex plant products, and it is currently impossible to accurately sample them to ascertain what contaminants they may be hosting.

Any import of these products is not worth the risk that is posed to Western Australian biosecurity and agriculture. Any impact on biosecurity and agriculture eventually weakens Western Australia's economy, and is damaging for the general Western Australian community.

Existing stocks of sugarcane mulch can be sold, but further imports will not be allowed unless freedom from weed seeds can be assured by methods such as treatment. At this time only irradiation is recognised as an appropriate treatment against seed contaminants.

The ban on sugarcane mulch has been introduced under the new *Biosecurity and Agriculture Management Act 2007* (BAM), and the *Biosecurity and Agriculture Management Regulations 2013*, which was fully proclaimed on 1 May 2013.

Any suspicious weeds and plants growing out of sugarcane mulch being used on Western Australian gardens and vegetable patches should be reported to the Department of Agriculture and Food so that they can be identified and appropriate action taken.

If you have a query or want to report something unfamiliar, ring the Pest and Disease Information Service (PaDIS) on Freecall 1800 084 881 or email [info@agric.wa.gov.au](mailto:info@agric.wa.gov.au). Photographs can also be emailed to this address.

If sending a specimen include your contact details, where and when you found the specimen and any damage you observed. Post to PaDIS, Department of Agriculture and Food, 3 Baron-Hay Court, South Perth WA 6151. You are also welcome to bring in specimens in person. For further information visit [www.agric.wa.gov.au](http://www.agric.wa.gov.au)





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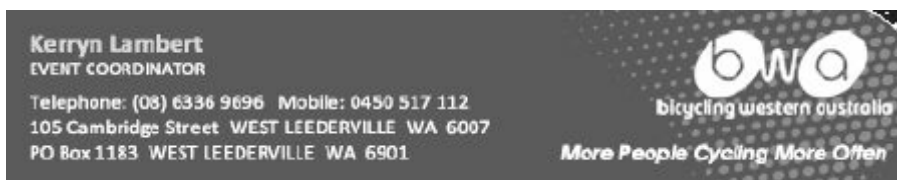
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### **Notification of Event – LiveLighter Cyclo Sportif Waroona 28th July 2013**

On Sunday, 28 July 2013, Bicycling Western Australia is hosting the LiveLighter Cyclo Sportif Waroona.

This popular cycling event will be hosted from the Event Village at the Waroona Recreation and Aquatic Centre and is expected to attract approximately 600 participants.

This is a participation event which offers recreational cyclists the opportunity to ride in teams of 4 to 9 riders over two course distances.

This is the third running of this very successful event using the same route and venue as previous years.

The route will take riders from Hill Street onto Nanga Brook Road then Nanga Road before doing a small loop in Dwellingup and returning along the same path. A Traffic Management Plan (TMP) has been developed to allow traffic to flow smoothly while maintaining the safety of all road users.

The Event Village will be set up from 7.00am with the ride running between 9.30am and 1.00pm. The ride is followed by a meal at the Recreation Centre which is expected to finish at 2.00pm.

If you would like further information please call Bicycling Western Australia on 6336-9696 or email [kerrynL@bwa.org.au](mailto:kerrynL@bwa.org.au). Thank you for your support and understanding.

### **Calling all walkers or cyclists...**

#### **Do you like a bit of exercise and doing a good deed at the same time?**

Bicycling Western Australia are calling for helpers to deliver event notification letters into postboxes on Hill Street and around Dwellingup (Nanga Rd, Nanga Brook Rd and Dwellingup town) for the coming LiveLighter Cyclo Sportif Waroona being held on 28<sup>th</sup> July 2013.

As a not for profit organisation, we rely on the kind assistance of volunteers who may be able to help get this process done.

If you have some extra time on your hands, would like to get a bit of exercise and want to do community work, please contact us urgently on [kerrynL@bwa.org.au](mailto:kerrynL@bwa.org.au) or call Kerryn on 6336-9696. We look forward to hearing from you!



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Alan Beattie, Chief Executive Officer and Co-Founder of Nyaarla Projects and MADALAH Ltd worked in partnership with the Digital Switchover Taskforce and remote Indigenous communities in the Central and West Kimberley regions to raise awareness about the switch to digital-only TV signals which occurred on 25 June 2013.

An important part of the success of this process was to have local Indigenous Digital Switchover Champions in the remote communities who understood and helped with the switchover process.

"We visited over 25 remote communities, which is around a thousand households, making sure those that were eligible for the Household Assistance Scheme were all signed up," Alan said.

"We were able to make sure there was a community representative to act as a bridge between the householder and the Household Assistance Scheme contractors installing antennas and connecting digital set-top boxes for eligible residents, so there were no surprises or difficulties during the switchover process.

"We also made sure organisations like schools, churches, clinics and community groups were informed and prepared. On the whole there was a great working relationship during the switchover process between the community, the contractors physically doing the work, Nyaarla Projects and the Taskforce (DBCDE), and things went pretty smoothly." Even though the switch to digital-only TV has taken place in the Kimberleys, there is still assistance and support available. If you haven't yet converted to digital TV and are eligible for the Household Assistance Scheme, you can still apply. The Scheme will remain open in areas of the Kimberleys until 25 July. For more information, call the Department of Human Services on 1800 556 443.

If you're experiencing issues with your digital TV reception, there could be a number of reasons why. If you have regular picture break-up, we suggest checking your TV or set-top box manual or you may need to retune your TV.

Your antenna and cabling may also need some adjustment if they're not in good condition or they are wrongly positioned.

If you need further help, use the *mySwitch* tool on the Digital Ready website, where you can find contact details of your local Australian Government Endorsed Antenna Installer.

If you're replacing your TV equipment, make sure you dispose of the old equipment responsibly. Visit [www.environment.gov.au/ewaste](http://www.environment.gov.au/ewaste) to find disposal options in your area.

For more information about the switch to digital-only TV signals, visit the Digital Ready website [www.digitalready.gov.au](http://www.digitalready.gov.au) or call the Digital Ready Information Line on 1800 20 10 13.





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### Writer's Corner with Jeanette Hornby

The setting for a novel can be a real place or a fictional one. It is even possible to use both fictional and real places in a story. In my novels, I use real locations but add fictional places within them.

My latest novel 'Grapevines and Gum Trees' is set in the town of Yarloop but the actual place and residence of the characters is fictional. This allows me to use historical landmarks and events while taking the story in any direction. Grapevines and Gum Trees is out now. See website for details:

[www.jeanettehornby.com.au](http://www.jeanettehornby.com.au)

Hope to see you at the Waroona Lions Club Farmers Market in August.

### Waroona/Hamel RSL

The Waroona/Hamel branch of the RSL has been reformed. Its Meetings will be held in the Memorial Hall at 10.00 a.m. on 1<sup>st</sup> Monday in February (AGM), May, August & November. Our next meeting will be on Aug. 5th Frank Wood 97331371

### *Need a sewing job done?*

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### First Aid Courses



St John Ambulance's Basic Resus being held on Tuesday the 23rd of July, 8.30am to 12.30pm at a cost of \$89.00. Apply First

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## Waroona Veterinary Clinic News

### **MYTH: It is normal for my cat to slow down as it is getting older.**



It is NOT normal for cats to 'slow down' as they get older. It is common but it is not normal. This is quite often a sign of pain associated with arthritis.

Because cats are relatively small and agile they can hide or cover up mobility difficulties caused by arthritis. Unlike dogs, cats with arthritis don't generally limp.

#### **Have you noticed any of the following?**

1. Have you noticed your cat hesitating, or being more reluctant to jump up or down onto your lap, the furniture or through a cat flap?
2. Have you noticed your cat slowing down, Sleeping more - especially in one place, stiffening up or getting a bit creaky?
3. Have you noticed deterioration in your cat's appearance, such as a matted or scruffy coat?
4. Have you noticed any change in your cat's attitude or daily routine, such as less tolerant around people and/or more withdrawn?

If you have noticed any of these changes or behaviours in your cat you should consult your vet or vet nurse

for advice and consider arranging a check-up for your cat.

There are a range of treatments for cats with different price options. Some cats will do well on special diets designed for joint issues or simply by improving their diet by adding essential fatty acids to reduce inflammation. Some cats with a more advanced stage of the disease will require pain relief. This can be in the form of tablets or a liquid which you put into their mouth or over their food. Talk to your vet clinic about which options are best suited for you and your cat. With the options available there is no need for your furry friend to be in pain. Be nice to your cat – consider their comfort especially as they get older.

**Tips for older cats.** Whether your older cat has arthritis or not, here are some things you can do to help make their old age more comfortable.

**\*Maintain Activity:** Create places where your cat can easily climb and hide. For example, have one or two cardboard boxes with a hole for a cat sized 'door' and attract your cat inside with deep comfy bedding and some dry food. Watch which hiding places they like best and take away unused boxes. **\*Make food access easy:** Put

food somewhere that your cat can get to it easily without having to jump too much. It should be in a place where your cat feels 'safe' and not near the cat flap or litter tray.

**\*Relocate water:** Cats often prefer having their drinking water away from their food so you might want to put a second bowl in another room.

**\*Relocate litter tray:** Make sure the litter tray is in a place where your cat feels 'safe' (not in a busy corridor or near the cat flap). Litter trays with lower sides can be more comfortable for stiff and creaky cats.

**\*Control weight:** Being overweight can put extra strain on your cat's joints so keeping their weight down is helpful. If your cat is overweight ask your vet or vet nurse for advice on a suitable diet.

**\*Help your cat to groom:** Take time to find out what sort of grooming your cat likes best. Painful areas are best avoided. Gentle grooming can help maintain your cat's interest in life. This article was complied with information courtesy of Boehringer



## **Waroona Veterinary Clinic**

45 South Western Highway, Waroona (08) 9733 1356

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Find us online at [www.waroonavet.com.au](http://www.waroonavet.com.au) as well as:

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## A Stairway to Heaven

When the sun shines on my tears,  
The tears I shed for you,  
A stairway to heaven is  
Made for just us two.  
The rainbow is my calling card,  
I make it just for you,  
It spreads right across the sky  
And is always in our view.  
As my tears begin to dry,  
Its time for me to go.  
My stairway to heaven  
Is the only way to go.

*Bert Spooner*

### Anglican Op Shop

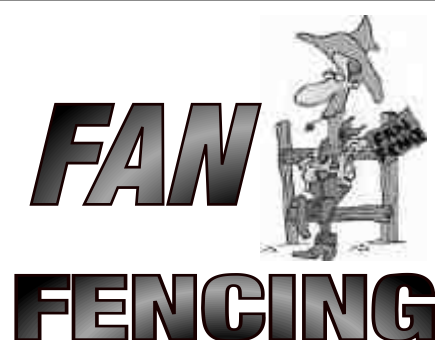
We are still desperately trying to raise funds for our new Op Shop.

Also we are in need of a vacuum cleaner, so if anyone can help us out we would be very grateful.

Thank you for all the donations being dropped off, our little shop appreciates everything that comes in. Why not call in and have a chat with our girls, who knows you may find a treasure.

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experiencing the wonders of music through soaring voices reaching unbelievable heights. They certainly will take you to a place to allow you to forget about your troubles for a time.

AKANNA has performed at many concerts, corporate and charity events and have performed, by invitation, live on the ABC Radio – 720AM on two separate occasions.

Strike A Chord is an ensemble of 14 ladies who love to sing – jazz, pop, musical theatre, contemporary and classic favorites. They recently performed in Adam Hills' show "Happyism" and at the Denmark Festival of Voice. Strike a Chord sing in 3 and 4 part harmonies under the baton of their Musical Director Perry Joyce and piano accompanist Harry Oliff. There may also be the odd dance move as the song permits! The pure joy of singing in a group is only surpassed by the fun of performing, which is evidenced when these ladies take to the stage!

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## WAROONA POLICE STATION CRIME ALERT

19th June, 2013

6/2013

### 28th May - WEAPONS SEIZED FOLLOWING RAID

Today we uncovered a large haul of weapons whilst executing a drug search warrant in Hamel. Inquiries are continuing into the dozens of bladed weapons seized. This is a significant seizure and it is great to see them removed from our streets. Two men, aged 52 years and 18 years will appear in the Mandurah Magistrates Court on the 28th of June on drug charges.

We are proactively seeking to disrupt the drugs trade in Waroona and your information is valuable to us. Please give us a call if you have any information.



Email address:

[Waroona.Police.Station@police.wa.gov.au](mailto:Waroona.Police.Station@police.wa.gov.au)  
9 Recreation Road, Waroona WA 6215

Do you know someone who would like to receive our CRIME ALERTS and Newsletter?

If so, have them email us to be included on our distribution list.

**Crime affects all of us and we need your help to ensure that the Shire of Waroona remains a safe and secure place in which to live.**

**Call Crime Stoppers 1800 333 000**



### ANOTHER HOON NABBED

On Tuesday, 18<sup>th</sup> June 2013, a local man was responsible for a large burnout on the **corner of** Jackson and Hill Streets. Police were swift in responding to the incident and

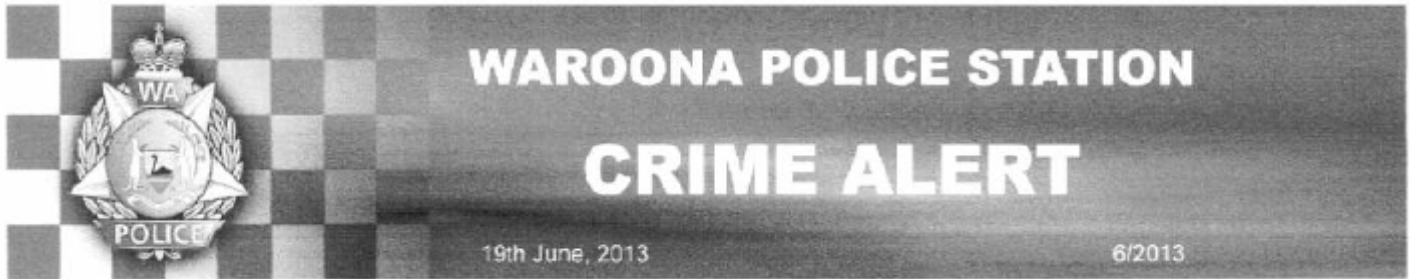
apprehended the driver exchanging the damaged tyre.

A 25 year old probationary driver was arrested and will appear in the Mandurah Magistrates Court on 3<sup>rd</sup> July 2013. He was charged with Reckless Driving and Excess 0.08. His vehicle was impounded for a 28 day period.

**Phone:**  
**9733 7400**  
**Fax:**  
**9733 2044**



**We need your help to have an impact on hoon driving. Please continue to report hoon activity. Let's keep our streets safe and clean**



## CRIME REDUCED IN WAROONA

1st July 2013

The hard work of local police has paid off with statistics showing a significant reversal in crime trends. Crime in Waroona was up 20.9% week ending the 25th of November 2012. At the end of June 2013 we have seen crime dramatically reduced and down by 22.3% on the previous financial year.

There were 205 reported offences in total versus the 264 reported in 2011-12.

We targeted repeat offenders and with your help identified those responsible for crime in our community. This has resulted in the arrests of several persons in recent months for burglary and other related offences. In first 5 months of last financial year we had 24 reported burglaries and in the last 7 months we only received 11 reports totaling 35 for the year. This is down from 46 burglaries the previous year and the arrests were pivotal in the 23.9% reduction seen.

Other significant turnarounds were Stealing down 26.7% and Damage down 32.7%.

Waroona Police have also conducted numerous search warrants targeting drug supply and those receiving or holding stolen property. This financial year we had a 21.3% increase in drug detections resulting in a total of 97 offences. Please note these 97 offences are included in the 205 offences for the year and account for almost half of the reported crime. We thank you for your valuable information that allows us to take a proactive approach to crime in our community.

Lastly, without your support we simply cannot do our job. So we would like to take this opportunity to thank the community of Waroona and our partner agencies for your continued support and assistance.

Keep up the great work Waroona!



**Phone:**  
**9733 7400**  
**Fax:**  
**9733 2044**

Do you know someone who would like to receive our CRIME ALERTS and Newsletter? If so, have them email us at: **Waroona.Police.Station@police.wa.gov.au** to be included on our distribution list.

**Crime affects all of us and we need your help to ensure that the Shire of Waroona remains a safe and secure place in which to live.**  
**Call Crime Stoppers 1800 333 000**



**We need your help to have an impact on hoon driving. Please continue to report hoon activity. Let's keep our streets safe and clean**



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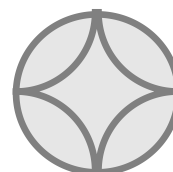
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## Waroona Demons News - by Forward Pocket



Waroona Football Club is set for the challenge of a "Top of the Table" clash versus Pinjarra this Saturday night. It will be the first official fixture since the ambitious project has been completed.

A different format has been programmed as follows;

Reserves: 2.00pm.

League: 4.00pm.

Colts: 6.00pm.

In the first match programmed Waroona Reserves which is currently in first position versus Pinjarra reserves which are in third position is likely to be a close and tough encounter. Coach Rocky Caruso will be keen to retain only one loss for the season to date and establish a clear break on other teams. The depth of the reserves team has been a telling factor despite several players being required for League duty. Matt Mortimer along with Rocky Caruso has been the engine room and the defence has been settled with Vice Captain Lindsay Wilson returning from injury. Crooks and Daniel (DJ) Johnson are leading the ruck and Steve "Sav" Shoj a focal point in attack. Alfred Angi is a goal kicking rover and the team looks on track to defend their title again after 42 years. The League contest will give Waroona a clear guide or indicator if Pinjarra is the real deal or not being the only unbeaten team for 2013. The last night fixture was not a true indication as injuries to key forwards Alan Wilson and Mat Thomas after only five

minutes left the Demons seriously undermanned. Adam Clancy is the wildcard and his form in the last month has been excellent. Aaron Payrits is another versatile forward and Jayden Derosa has also stepped up to the plate in recent fixtures. Joel Catalano is a goal kicking rover and his spark will be needed against the talented midfield of Pinjarra. Steele Court leading the Ruck loves a challenge and his younger brother Ryan is the best equipped fullback in the league to silence Mat Battye who has kicked 36 goals in his last four matches for Pinjarra to be the premier goalkicker in the Peel Football League. Liam Thomas and Ryan McKinley are two dashing defenders and generate run from deep in defence. Craig Callaghan Ruck Roving shows grit and determination and the value of AFL experience at the top level. Matt Atcheson is a big strong body and his versatility is another Demons trumpcard. Playing Coach Dean Taylor and his bench assistant John Mason will be trying every trick in the book to show why Waroona have won the last four consecutive League flags. A contest not to be missed and the night lights project that will benefit Waroona Football Club and the whole Waroona Community for many years to come. Waroona Colts have the main stage and have won five matches this season to sit just one game outside the final five. Colts Coach Rhys Newman and Mentor Glen Wilson are delighted with the progress shown by the young colts team since commencement of the year. In several games they lead higher ranked teams at the half way mark and lost concentration in a

quarter to determine the end result. Josh Commisso at Centre Half Back is having an outstanding season and Daniel Young is another dashing defender who have both been promoted to league ranks in the last couple of weeks. Jake Wilson is improving in every game and his run from a wing ensures the colts are competitive each week. It will be good for the Colts team to be the main focus and incentive for this young team to continue to improve each week. Saturday night football will be the winner and the Southern Derby between Waroona Demons and Pinjarra Tigers is likely to be keenly contested in all three grades. A large crowd is anticipated for this first ever night fixture of football at Waroona Oval.

Forward Pocket

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**Football News Continued**

<b>PEEL LEAGUE TABLE</b>								
<b>League</b>	<b>P</b>	<b>W</b>	<b>L</b>	<b>D</b>	<b>F</b>	<b>A</b>	<b>%</b>	<b>P'ts</b>
1 Pinjarra	12	12	0	0	1388	713	194.67	48
2 Waroona	12	10	2	0	1271	722	176.04	40
3 Rockingham	12	9	3	0	1262	734	171.93	36
4 Baldivis	12	5	7	0	958	954	100.42	20
5 S'Mandurah	12	4	8	0	1038	1131	91.78	16
6 Centrals	11	4	7	0	937	1101	85.10	16
7 Halls Head	11	3	8	0	795	1180	67.37	12
8 Mandurah	12	0	12	0	668	1782	37.49	0
<b>Reserves</b>								
1 Waroona	12	11	1	0	957	555	172.43	44
2 S' Mandurah	12	10	2	0	997	603	165.34	40
3 Pinjarra	12	7	4	1	967	734	131.74	30
4 Halls Head	12	5	7	0	762	899	84.76	20
5 Mandurah	12	4	7	1	749	838	89.38	18
6 Centrals	12	4	8	0	665	883	75.31	16
7 Baldivis	12	3	9	0	746	949	78.61	12
8 Rockingham	12	3	9	0	660	1142	63.34	12
<b>Colts</b>								
1 Baldivis	12	11	1	0	1116	572	195.10	44
2 Rockingham	12	8	4	0	1014	592	171.28	32
3 Mandurah	12	8	4	0	939	738	127.24	32
4 Pinjarra	12	7	5	0	991	665	149.02	28
5 S'Mandurah	12	6	6	0	817	831	98.32	24
6 Waroona	12	5	7	0	716	860	83.26	20
7 Halls Head	12	2	10	0	631	1083	58.26	8
8 Centrals	12	1	11	0	516	1399	36.88	4

**LADIES  
COCKTAIL  
NIGHT**

Friday 19th July  
Tickets  
on sale soon

**AUCTION  
NIGHT**

Friday 26th July  
A list of items will  
be available prior  
to the night.  
Send your email  
address to  
[ido27@bigpond.com](mailto:ido27@bigpond.com)  
For a list of items

**FOOTY  
UNDER  
LIGHTS**  
"Southern  
Derby"  
V's Pinjarra  
Saturday  
6th July  
ALL  
WELCOME

**WAROONA BOWLING CLUB NEWS****FRIDAY NIGHT CHANGES**

As from this Friday, July 5th The \$100 weekly jackpot for the 'Jag the Joker' will now be split between the 'Joker' and the 'Members Draw'. For the 'Members Draw' the names of all financial members goes into the barrel and if the name drawn out belongs to someone who

is in the Club at that time, that person wins the prize. This draw was won last week, so it starts this week on \$50 and will jackpot each week by a further \$50 if that member isn't present in the Club.

**Same Day Service  
STEAM IRONING**

*Commercial Steam Ironing System*



- Fast
- Professional Finish
- Only \$25 per hour
- We can wash & dry too!

**THE ODD ANGRY SOCK  
Laundromat**

Coin Operated machines large  
enough for bedspreads, doonas & curtains.

Open 7 days 7:00am to 7:00pm

9733 2218 56 South West Highway

## CLASSIFIED ADS

### They are Free

(For goods to the value of \$5,000 - keep it short)

#### Waroona Lions Club

Wood Raffle 1<sup>st</sup> June

Winner 76F  
Rozie Green



### Lions Farmers Market

Sunday. July 7th  
8 am till Noon

Memorial Hall Waroona  
This is a special Market  
raising funds and  
awareness for Cancer

### TV/DVD For Sale

21 inch TV/DVD player  
Hardly been used  
\$200 ONO  
Phone: 0401 162 952

### FOR SALE

Pure Bred Arab Fillies  
Chestnut-Bay, 22 months and  
19 months.  
Both registered, Halter Broken &  
Float Trained.  
Phone: WINJANA STUD, CAPEL  
9727 3131

### Waroona Demons Football Club Wood Raffle Results; Winner; Nicki Bush Ticket Nos Black F8.

A special thankyou to Waroona  
Community for your continued  
support. A total amount of \$675 was  
raised and will be put towards the cost  
of running the New Lights.  
Thankyou to all community supporters  
and members of Waroona Football  
Club.

### TIRED OF IRONING?

If you are tired of ironing  
I can help. Reasonable rates  
only \$20 an hour  
Call Carol on 0401 162 952



### Puppies For Sale

Border Collie Pups  
Make excellent working dogs  
or pets  
Ready to go  
Call 0427 380 022

### SPA

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NEEDS a Heater  
\$2,000 or  
SWAP for Chain Saws  
Call:  
0457 792 868

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[Facebook.com/drakesbrookhotel](https://www.facebook.com/drakesbrookhotel)

12th JULY  
FRIDAY

**JOHN  
READ**



19th JULY  
FRIDAY

**EL  
LOCO**



24th JULY  
WEDNESDAY

**IAN  
MOSS  
SOLO  
TOUR**



8th AUGUST  
THURSDAY

**SYDNEY  
HOT  
SHOTS**



COMING  
SEPTEMBER

**JAMES  
REYNE**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

PARMI NIGHT  
CHICKEN or BEEF  
\$13

STEAK  
NIGHT  
\$14.50

PIZZA / PASTA  
(DINE IN)  
NIGHT  
\$12

FISH 'N  
CHIPS  
NIGHT  
\$12.50

kids  
EAT FREE  
(under 12)

SUNDAY  
ROAST  
\$12.50